

# Join the Durham Middlefield Compost Pilot Program!

Durham-Middlefield Food Scrap Recycling pilot project is starting September 1, 2021.

All material collected is brought to a commercial composting facility where it is turned into compost.

Purchase a starter kit, starting August 1st!

**For more information please visit:**

<https://rebrand.ly/Compost-Pilot>



**Follow us!**



@dmlwc  
@dmlwc\_edge



@dmyfs  
@dmlwc

**Subscribe!**



Durham Middlefield Youth & Family Services

**Visit Our Websites!**

[www.dmyfs.org](http://www.dmyfs.org)



Durham Middlefield  
YOUTH & FAMILY SERVICES

[www.dmlwc.org](http://www.dmlwc.org)



Durham Middlefield  
— LOCAL WELLNESS COALITION —

## DMYFS/DMLWC PRESENTS



# Everyday ECO Save the Scraps! Activity Kit



Durham Middlefield  
YOUTH & FAMILY SERVICES



Durham Middlefield  
— LOCAL WELLNESS COALITION —

**Activity Booklet Developed By: Lynna Vo**

# ??? What is Composting? ???

Composting is the natural process of recycling organic matter where waste decomposes naturally under oxygen rich conditions.

## 5 Benefits of Composting

- 1) Adds nutrients to soil which makes soil and plants healthy
- 2) Introduces valuable organisms to soil and can reduce need for chemicals (ex: fertilizers)
- 3) Recycles kitchen and yard waste
- 4) Reduces landfill waste and lowers your family's carbon footprint. The more waste composted, the less waste is in landfills
- 5) Good for the environment!



## What Can You Compost?

### Materials Included in Kit

- What Can You Compost? Handout

## Let's Go On A Virtual Field Trip!

Learn More About Composting By Watching These Videos Below!



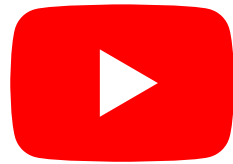
<https://rebrand.ly/CGFE>



<https://rebrand.ly/CFK>



<https://rebrand.ly/HICM>

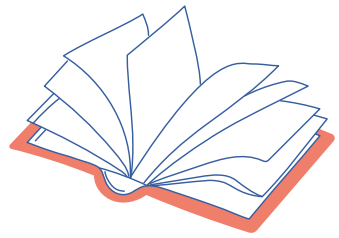


<https://rebrand.ly/WCYC>

## Animated Audiobook

"Save the Scraps" By Bethany Stahl

<https://rebrand.ly/Save-The-Scraps>



## Composting Experiment

### Materials Included in Kit

- Quart Sized Plastic Bag - Use bag that kit materials came in
- Straw
- Composting Experiment Observation Log

### Instructions



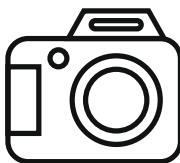
Collect some food scraps and an egg carton from home. Cut food scraps and egg carton into small pieces  
 Note: Chop food scraps into super small pieces to speed along the process



You want your compost to be about 60% egg carton and 40% food waste (veggies are fastest). Zip the top of the bag, but place the straw at one end for some air. Add some water so that everything gets mushy.



Use the Observation Log to track the mini compost's progress. Make sure to mush it around a little each day, add water when needed and to be patient. In a few weeks you will have some rich compost! You can make this experiment on a larger scale by creating a compost bin!



### We want to see your creation!

Snap a photo with your creation and share it with us by tagging us on Facebook and Instagram!  
 Or email photos to [lvo@dmyfs.org](mailto:lvo@dmyfs.org) to be featured