



## Hope & Support Group

*This is a group for parents, guardians and loved ones who are concerned about a loved one's substance use or addiction. You are welcome to join the hope and support group, so together we are able to create a supportive environment while breaking the stigma and isolation that this disease has created.*

*We provide a confidential place to talk, share your struggles, and ask questions. Please join us, you are not alone. We have two trained facilitators to lead the group and answer questions.*

**We will meet the third Tuesday of each month starting:**

**October 17th, 2017 - 7:00-8:30 pm**

**Middlefield Federated Church**

**402 Main Street**

**Middlefield, CT 06455**

**For more information, please contact Betsy Dean:**

**[bdean.dmyfs@comcast.net](mailto:bdean.dmyfs@comcast.net)**

**(PH) 860-349-0258**

**Durham Middlefield Youth & Family Services**